AEGEAN GOURMET®

Potatoes with
BACON
& CHEESE

MEDITERRANEAN DISHES
Ready in just 3 minutes

A fine selection of ready-to-eat meals with the aim of saving time and energy for modern and busy people who don't want to compromise quality. Just heat and eat! Discover a whole range of homemade Mediterranean recipes, handcrafted by our experienced chefs with care and the highest quality ingredients.

Potatoes with
BACON & CHEESE

FULLY COOKED READY IN 3'

WITH EXTRA VIRGIN OLIVE OIL
—
WITHOUT ADDITIVES
—
WITHOUT PRESERVATIVES

Potatoes with
BACON
& CHEESE

Ingredients: 80% Cooked potatoes, 8% bacon [(pork meat, water, tapioca starch, **milk** protein, sugar, emulsifier: triphosphates, flavorings, stabilizer: carrageenan, salt, antioxidant: sodium isoascorbate-sodium citrate-ascorbic acid, smoke flavor, acidity regulator: sodium acetate, maltodextrin, dextrose, preservative: sodium nitrite], onion, **butter**, salt, 1.6% hard cheese [cow's **milk**, salt, microbial rennet, culture, preservative: lysozyme (contains **egg**)], parsley, spices, garlic.

Nutrition Declaration	Per 100g	Per serving 300g	%RI*
Energy	708kJ/168kcal	2124kJ/504kcal	25%
Fat	4,6g	13,9g	21%
of which saturates	2,4g	7,4g	37%
Carbohydrate	27,0g	81,0g	27%
of which sugars	1,4g	4,2g	8%
Proteins	4,4g	13,4g	27%
Salt	1,70g	5,14g	85%

* RI (%) Reference Intake of an average adult 8400kJ/2000kcal

Shelf life 45 days.

Keep refrigerated at temperture 1°C - 5ºC
After opening keep refrigerated and consume within 24 hours.
Suitable for freezing. Defrost thorough before use.
Once defrosted (in refrigerator) consume within 24 hours.

NET WT: 300g⊖ | 1 PORTION

1
REMOVE THE LABEL

2
2'
MICROWAVE [750W] FOR 2 MINUTES

3
1'
ALLOW TO STAND FOR 1 MINUTE

4
REMOVE THE FILM AND ENJOY

Before heating: remove the label without removing or puncturing the film

During heating: Any popping noises and steam infation are normal.

After heating: Check food is piping hot. Allow to stand for one minute.

Do not reheat once cold.

All cooking appliances vary.

Mediterranean Recipes

READY TO EAT IN 3 MINUTES.

MYTILOS
Kitros, Pieria, GR 60064, Greece
E: info@mytilos.gr   T: +30 23510 71143   www.mytilos.gr

www.aegeangourmet.gr