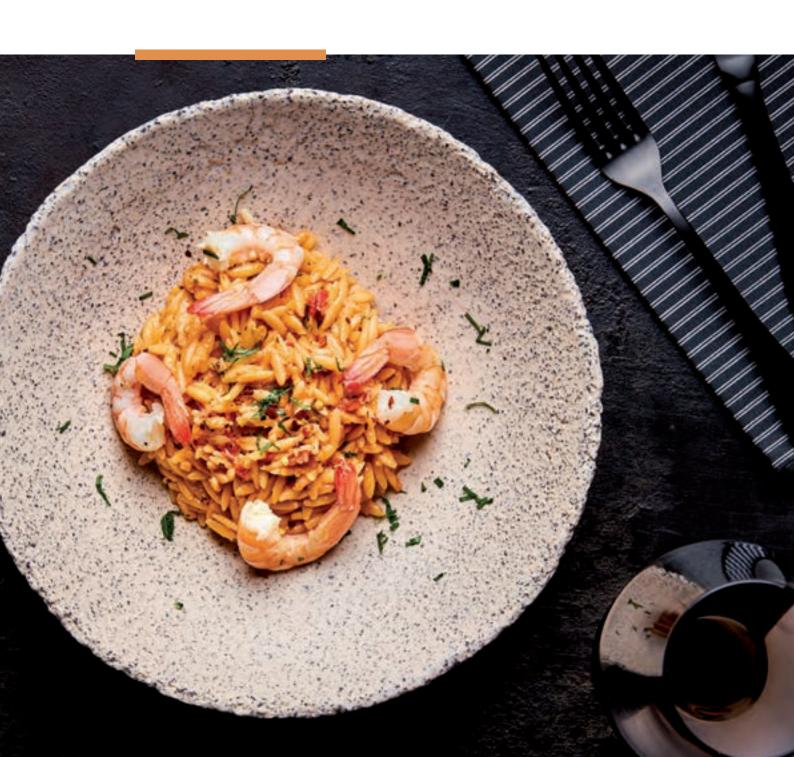


Orzo with SHRIMPS

# SEAFOOD

### Ready to eat meals

Exquisite seafood, now in ready meals. We have created a fine selection of ready meals with the aim of introducing quality seafood on the plates of busy people. Enjoy one's best homemade recipes with the care and experience of our chefs. Designed for busy people who don't want to compromise quality.





## Orzo with **SHRIMPS**

### **FULLY COOKED READY IN 3'**

WITH EXTRA VIRGIN OLIVE OIL

NO ADDITIONAL **PRESERVATIVES** AND ADDITIVES

Ingredients: 53% Cooked orzo pasta (wheat semolina, water), white wine (contains sulfite), 9% shrimps cooked, peeled (shrimps, water, preservative: sodium metabisulphite), extra virgin olive oil, onion, tomato, butter, Grana Padano PDO cheese (cow's milk, table salt, rennet, preservative: lysozyme (from egg)), vinegar, garlic, herbs, spices.

| Nutrition Declaration | Per 100g     | Per serving 300g | %RI* |
|-----------------------|--------------|------------------|------|
| Energy 8              | 15kJ/194kcal | 2445kJ/582kcal   | 29%  |
| Fat                   | 8,6g         | 25,8g            | 37%  |
| of which saturates    | 2,5g         | 7,5g             | 38%  |
| Carbohydrate          | 21,8g        | 65,4g            | 25%  |
| of which sugars       | 1,4g         | 4,2g             | 5%   |
| Proteins              | 7,4g         | 22,2g            | 44%  |
| Salt                  | 1,10g        | 3,30g            | 55%  |

<sup>\*</sup> RI (%) Reference Intake of an average adult 8400kJ/2000kcal

### Shelf life 45 days.

Keep refrigerated at temperture  $1^{\circ}\text{C}$  -  $5^{\circ}\text{C}$ After opening keep refrigerated and consume within 24 hours. Suitable for freezing. Defrost thorough before use. Once defrosted (in refrigerator) consume within 24 hours.

NET WT: 300ge | 1 PORTION



**REMOVE** THE LABEL



**MICROWAVE** [750W] FOR 2 MINUTES



**FOR 1 MINUTE** 



ALLOW TO STAND REMOVE THE FILM **AND ENJOY** 

**Before heating:** remove the label without removing or puncturing the film

Any popping noises and steam infation are normal.

**During heating:** After heating: Check food is piping hot. Allow to stand for one minute.

Do not reheat once cold.

All cooking appliances vary.

## From the Aegean, to wherever you are,

READY TO EAT IN 3 MINUTES.