



## Risotto with **MUSHROOMS**

# MEDITERRANEAN DISHES

**Ready in just 3 minutes**

A fine selection of ready-to-eat meals with the aim of saving time and energy for modern and busy people who don't want to compromise quality. Just heat and eat! Discover a whole range of homemade Mediterranean recipes, handcrafted by our experienced chefs with care and the highest quality ingredients.







## Risotto with MUSHROOMS



**FULLY COOKED  
READY IN 3'**

WITH EXTRA  
VIRGIN OLIVE OIL  
—  
WITHOUT ADDITIVES  
—  
WITHOUT PRESERVATIVES

Ingredients: 34% Mushrooms, 23% Rice, water, extra virgin olive oil, onion, white wine (contains **sulfite**), **butter**, hard cheese [cow **milk**, salt, rennet, preservative: lysozyme (contains **egg**)], parsley, salt, natural flavoring, garlic, herbs, spices.

| Nutrition Declaration | Per 100g      | Per serving 300g | %RI* |
|-----------------------|---------------|------------------|------|
| Energy                | 790kJ/189kcal | 2370kJ/567kcal   | 28%  |
| Fat                   | 11,1g         | 33,3g            | 47%  |
| of which saturates    | 3,8g          | 11,4g            | 57%  |
| Carbohydrate          | 18,6g         | 55,8g            | 22%  |
| of which sugars       | 0,4g          | 1,2g             | 1%   |
| Proteins              | 3,5g          | 10,5g            | 21%  |
| Salt                  | 1,2g          | 3,6g             | 60%  |

\* RI (%) Reference Intake of an average adult 8400kJ/2000kcal

### Shelf life 45 days.

Keep refrigerated at temperature 1°C - 5°C  
After opening keep refrigerated and consume within 24 hours.  
Suitable for freezing. Defrost thorough before use.  
Once defrosted (in refrigerator) consume within 24 hours.

NET WT: 300g<sup>e</sup> | 1 PORTION



**1**  
REMOVE  
THE LABEL



**2**  
MICROWAVE  
[750W]  
FOR 2 MINUTES



**3**  
ALLOW TO STAND  
FOR 1 MINUTE



**4**  
REMOVE THE FILM  
AND ENJOY

**Before heating:**  
remove the label  
without removing  
or puncturing the film

**Do not reheat  
once cold.**

**During heating:**  
Any popping noises  
and steam inflation  
are normal.

**All cooking  
appliances vary.**

**After heating:**  
Check food is piping  
hot. Allow to stand  
for one minute.

## Mediterranean Recipes

READY TO EAT IN 3 MINUTES.

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